

# **MAIN BEACH VOLLEYBALL CLUB**

## **HANDBOOK**

Executive Director: Jan Furman

Director /Girls Program Manager: Gabrielle Houston Neville

Main Beach Volleyball Club (MBVBC) was founded in 2002 by Jan Furman and Gayle Stammer as a California non-profit corporation. The Managing Director, Coaching Staff and Board of Directors are dedicated professionals focused on delivering a high quality, cost effective, enriching and competitive environment for your player.

## **PURPOSE OF THE MAIN BEACH VOLLEYBALL CLUB**

The purpose of MBVBC is to provide a competitive program for young athletes to develop and improve their volleyball skills while learning valuable life lessons.

## **GOALS OF THE MAIN BEACH VOLLEYBALL CLUB**

- To provide a healthy competitive environment for all players, improve the skill level of the athlete and prepare them to compete at the college level.
- To provide a coaching staff that is knowledgeable about the game and communicates well with the players.
- To provide a high level of technical training, taught consistently through all programs, with structured and disciplined practices.
- To compete at the highest level in all leagues and competitive tournaments.
- To enable players to take responsibility for their commitment to volleyball and the Player Code of Conduct
- To support our coaches and players with a caring environment as they meet life's challenges.

## **The Main Beach Girls Programs**

MBVBC competes in the Northern California Volleyball Association (NCVA) under the umbrella of USA Volleyball, the national governing body for amateur volleyball at all levels of competition. The Northern California Region extends north to the Oregon border, south to Fresno, and west to San Francisco and east to the Utah border. The NCVA website, [www.ncva.com](http://www.ncva.com), is a source of information on tournaments, dates, times and places as well as team status for the Power and Premier Leagues.

## **Travel Teams**

The Main Beach Travel teams are the club's elite teams and are at the highest level of competition. These teams participate in Power League which consists of a 2 day qualifier, 3 Power League tournaments, and a 2 day regional tournament held in Reno, NV. Travel teams will also be competing in the California Kickoff, a Jr. National Qualifier and President's Day.

## **Power Teams**

Players selected for a Power team will compete at the highest level of play that the NCVA offers. These teams are for those players who want to play on a competitive team, but not travel to Junior Nationals. Power league ends in the 2nd week of May. These teams will compete in the California Kickoff, President's Day and Power League.

The difference between the Travel teams and the Power teams is that the Travel teams will attend a National Qualifier and also be attending the Junior National Volleyball Championships if they qualify.

## **Premier Teams**

Main Beach Premier teams are for players that are committed to playing club and wish to focus more on developing their skills for the game in a slightly less competitive environment. This league was formerly known as area league and is also under the umbrella of the NCVA. This league has a qualifier, 4 league tournaments and district championships in Sacramento. The Premier league tournaments require minimal travel.

## **Middle School Fall Competitive Season**

This is a 3 month program from mid-August through November for 13-14 year olds. This is an advanced player program who wish to compete locally during the Fall.

## **Rising Stars** – 4<sup>th</sup> – 8<sup>th</sup> grade (Fall, Winter, Spring and Summer sessions)

This is a no-cut volleyball program designed for players 12 years and under. The purpose of the Rising Stars program is to teach young players the fundamental skills of passing, setting, serving and hitting in a fun and a teamwork oriented environment. Players will learn communication and team skills to prepare for the next level of play so they can learn the game and improve their skills.

**The Main Beach organization consists of the MBVBC Board of Directors, Administration and our Coaching Staff**

**Board of Directors** - The MBVBC Board consists of 5 members that meet on a monthly or as needed basis. They are responsible for MBVBC policies, oversight of the financial budgets, scholarship administration, and maintenance of the club's non-profit status. Board Members are invited to join based on their expertise and may not have a child on a current MBVBC team.

President	Wendy Grande
Managing Director	Jan Furman
Girls Director	Gabrielle Houston Neville
Boys Directors	Justin Bates and Allison Ota
Members at large	Rosemary Brogan Erik Nelson Kelsee Montagna
Parent Advisors	Nehal Pfeiffer

**Administration** – The day to day Operations and Guidelines of MBVBC are the responsibility of the Administration Staff. The MBVBC Director and the respective program directors are responsible for selecting Coaches, establishing the baseline skills and techniques to be taught at each level of play and preparing and adhering to the Annual budget.

MBVBC Managing Director:	Jan Furman	(831) 345-1441
Girls Program Manager:	Gabby Houston Neville	(831) 419-2082
Boys Program Manager:	Justin Bates	(818) 447-8632
Asst. Boys Program Manager:	Allison Ota	(831) 998-2480
Youth Program Manager:	Jan Furman	furmanphoto@aol.com
Rising Stars	Hunter Zeng	(541) 213-8406
Accountant	Brittney Dixel	brittneydixel@gmail.com
Website management	Robyn Pearson	vampandora@gmail.com

The MBVBC website has the most current information on our teams, coaches, dates and schedules. Bookmark [www.mainbeachvolleyball.com](http://www.mainbeachvolleyball.com)

## 2021-2022 Coaching Staff

17 Travel	Head Coach Asst. Coach	PK McDonald Lindsay Heller	(831) 254-4425 (707) 591-5144
16 Travel	Head Coach Asst. Coach	Hunter Zeng Shannon Cotton	(541) 213-8406 (831) 682-1453
16 Power	Head Coach Asst. Coach	Natalie Picone Jake Lee	(408) 314-9878 (831) 428-6438
15 Travel	Head Coach Asst. Coach Asst. Coach	Morgan Ehritt Allison Ota Branden Torado	(805) 708-0569 (831) 998-2480 (831) 247-8809
15 Power	Head Coach Asst. Coach	Connor Dunham Christian Bouchard	(916) 293-2663 (831) 247-1126
14 Premier	Head Coach Asst. Coach	Jekara Wilson	(650) 380-0486
13 Travel	Head Coach Asst. Coach	Ashleigh Souza Luciano Jimenez	(831) 261-7551 (831) 334-3322
12 Premier	Head Coach Asst. Coach	Branden Torado Jordan Kirchner	(831) 247-8809 (909) 373-6244

## **MBVBC Policies**

The policies shown below are how we govern the MBVBC as an organization and are set at the discretion of the Board of Directors

### **CODE OF CONDUCT FOR PLAYERS**

Each player is expected to abide by the Code of Conduct for players. Players not adhering to the Code of Conduct will be asked to leave MBVBC.

### **COACHES CONTRACT**

Each coach is expected to sign a Contract which outlines the MBVBC financial obligations to the Coaches and the Code of Conduct for Coaches. Coaches not adhering to the Code of Conduct will be asked to leave MBVBC

### **PARENT/GUARDIAN CONTRACT**

Each player must have a responsible parent/guardian agree to the terms and conditions of the MBVBC Contract. The contract outlines the Code of Conduct for Parents and their Financial Obligations to MBVBC.

### **FINANCIAL OBLIGATION OF PARENT/GUARDIANS**

Payments must be received based on the schedule set at the start of the season, or the player will be suspended. There are no exceptions. Refunds are not possible as the majority of the expenses are incurred at the start of the season.

### **MBVBC GRIEVANCE POLICY**

As a club philosophy, we encourage open communication between players, parents, and coaches. However, if a grievance arises, no matter how small, please use the following guidelines to resolve the grievance.

1. Player discusses the grievance with their parent/ guardian. If not resolved, then
2. Player talks directly to the coach about the issue. If not resolved, then
3. The player and the parent/guardian talk to the coach together. If not resolved, then
4. The player and parent/guardian take the grievance to the Club Director. If not resolved, then
5. The Club Director takes the grievance to the Board of Directors. The decision reached at that level would be honored by all parties involved.

**Main Beach has a 48 hour rule to address an issue or concern.** Should a player or parent have an issue or concern with a coach, they cannot address the issue with the coach at a tournament. The rule is wait until 48 hours after the issue has occurred. They may however call the MBVBC Director, Jan Furman, at ANY time.

## Code of Conduct for Players

- Practice good sportsmanship at all times
- Work towards being the best student athlete possible
- Have a positive attitude
- Support your teammates
- Use appropriate language at all times
- Contact the coach as soon as possible if you cannot attend practice or a tournament. This is YOUR responsibility, NOT your parent's
- Be on time to practice and tournaments
- Get permission from the coach to leave the playing site at a tournament and always go with a partner when leaving the playing site
- Keep personal possessions (cooler, gym bag, etc.) clean and orderly at all playing sites.
- Pick up after yourself and throw away your trash.
- Obey the coach's curfew and rules when participating on an overnight trip.
- No tolerance policy regarding tobacco, alcohol or drugs.
- Address the coach directly with problems about volleyball to discuss and resolve the issue.
- Attend all practices and tournaments or playing time may be affected. Practices and tournaments are mandatory and critical ensuring a strong commitment to the team.

Student Athlete: By signing with Main Beach Volleyball Club I understand and agree to the Code of Conduct as stated above.

\_\_\_\_\_

Name

\_\_\_\_\_

Date

## MBVBC Parent Guardian Contract

To help MBVBC maximize your Volleyball experience, it is critical that the parent-guardian understand both the MBVBC and their own responsibilities.

### Terms and Conditions

1. I have read the Main Beach Volleyball Club Parent Handbook
  
2. I have read the MBVBC Parent/Guardian Contract and agree to the Code of Conduct for Parents:
  - Provide your student-athlete with the support needed to uphold their contract with MBVBC.
  - Ensure that the financial obligations of the MBVBC are fully met in a prompt manner.
  - Understand that all communications to the coach concerning practices, playing time, position, and relationship with the Coach and player is to be done by the student-athlete first, not by the parent-guardians.
  - Parent-guardians are to conduct themselves at all MBVBC functions and events in a manner that provides an appropriate role model for their player and teammates in terms of good sportsmanship, respect of authority and concern for others.
  - In the event of a complaint; the grievance policy will be followed.
  
3. Financial Obligation (Travel, Power and Premier Teams)
  - \$500.000 is due at the commitment signing on Nov 12, 2019
  - All payments must be paid in full by the first week of March 2020. There are no exceptions. If payment is not received in full at this time the player will be suspended from MBVBC until the account is paid in full. In the event the balance is not paid by March the Board will pursue options available to collect remaining fees due.
  - Refunds are not possible as the majority of the expenses are due and paid by MBVBC at the start of the season.

Parent-Guardian – by signing below, I am verifying that I understand and agree to the Terms and Conditions as stated above.

\_\_\_\_\_

Printed Name

\_\_\_\_\_

Signature

\_\_\_\_\_

Date

## **MBVBC Guidelines**

The guidelines outlined below are how we function as an organization and are at the discretion of the Director(s) and Coaching staff

### **PLAYING TIME**

The amount of playing time a player receives is a function of the position she plays, her skill level, her commitment to attending practices and tournaments, and her behavior, concentration and attitude at practices and tournaments. The focus of our club is to field the most competitive teams; therefore playing time may not be equal.

### **PLAYER TIME COMMITMENT**

**Players are required to be at all practices and tournaments.** Practices are held at Cabrillo College and will be two nights during the week (MW or TTH) and on Sundays at Cabrillo, unless playing in a tournament that weekend. Generally there are two tournaments per month for Power League, one or two for Premier League and one for the Hybrid Team. Regional and non-league tournaments are usually two to three day tournaments.

Most tournaments usually start at 8:00 a.m. The girls are required to be at the playing site a minimum of one hour prior to the tournament start time unless coaches requires an earlier arrival. Please remember to check the NCVA website often for updates, format and court assignments.

Tournaments can end from early afternoon to late evening. Departure times are decided on a team to team basis. ALL players are required to stay until the end of all the Team responsibilities including reffing assignments.

### **PARENT/GUARDIAN RESPONSIBILITIES**

Parent/guardian participation is essential for Main Beach. Every parent/guardian is responsible for the transportation to and from practices and tournaments. Players must be on time, once they are at practice or a tournament, it is the responsibility of the coaches to supervise their team. If parent/guardians are unable to transport their daughters to practice or a tournament it is their responsibility to arrange for transportation. Coaches and 'Team Moms' are not responsible for the transportation or arranging transportation players.

Parents are expected to make their own travel arrangements for their daughters. Main Beach will make travel arrangements for the coaches and then let the teams know as soon as they are made.

### **RESPONSIBILITIES OF THE 'TEAM MOM or TEAM PARENT'**

The 'team mom' is responsible for communicating with the head coach throughout the season. The main responsibility of the 'team mom' is to manage the player's needs at the tournaments with the support (time and funds) of the Team parents. They are to organize the "team site": which parents are responsible for set up, food, snacks, water and take down, etc. at tournaments.